

Ramsar Information Sheet

Published on 10 May 2023 Update version, previously published on : 5 April 2018

Norway Ulendeltaet



Designation date
Site number
Coordinates

te number 1967 oordinates 64°09'39"N 13°49'02"E

Area 269,90 ha

12 November 2010

https://rsis.ramsar.org/ris/1967 Created by RSIS V.1.6 on - 10 May 2023

Color codes

Fields back-shaded in light blue relate to data and information required only for RIS updates.

Note that some fields concerning aspects of Part 3, the Ecological Character Description of the RIS (tinted in purple), are not expected to be completed as part of a standard RIS, but are included for completeness so as to provide the requested consistency between the RIS and the format of a 'full' Ecological Character Description, as adopted in Resolution X.15 (2008). If a Contracting Party does have information available that is relevant to these fields (for example from a national format Ecological Character Description) it may, if it wishes to, include information in these additional fields.

1 - Summary

Summary

Ulendeltaet is an undisturbed freshwater delta and includes stretches of a meandering river, marshes, islands, oxbow lakes and pools. The delta is classified as a "bird's-foot-delta". Moist spruce and birch forests line the riverbank and vast, well-developed Salix scrubs are important breeding areas for different passerines such as the yellow wagtail, the willow warbler and the brambling. Ulendeltaet is built up by the sediments from the river Innerdalselva, and previous watercourses have left behind ox-bow lakes such as Storloken and Littloken. The watercourse flows east towards Sweden and further to the Baltic Sea. The mires in the reserve are complex and comprise large areas of both lime-rich and lime-poor mires. The most striking part of the mire is the tussock-forming woolly fringe-moss.

The reserve is considered an important wildlife area, with an occurrence of several demanding water birds. More than 100 different bird species are registered inside the reserve. Several ducks inhabit the river delta, among them the Eurasian wigeon, the Eurasian teal, the common goldeneye and the red-breasted merganser. In the mires, especially in the large mire east of the delta, a range of different waders are breeding: the common greenshank, the green sandpiper, the wood sandpiper and the common sandpiper are the most numerous. In the tarns, one can find the common crane and the black-throated loon. The western osprey (NRL: VU) is also breeding in this area, and beavers are frequently encountered.

The delta, as well as the lake Ulen, harbour large numbers of the brown trout, the Arctic char, the burbot and the common minnow.

The area functions as a sediment trap and is important for nutrient fixing as well as flood reduction. The site is mainly used for fishing and moose hunting, but also for canoe trips and bird watching activities. A National Park Centre is located in the vicinity of the site.

2 - Data & location

2.1 - Formal data

zir romaraata	
2.1.1 - Name and address of the com	piler of this RIS
Responsible compiler	
Institution/agency	Norwegian Environment Agency
Postal address	Post box 5672 Torgarden, N-7485 Trondheim, Norway
National Ramsar Administrati	ive Authority
Postal address	Postboks 5672 Sluppen Trondheim Norway
2.1.2 - Period of collection of data an	d information used to compile the RIS
From year	1998
To year	2021
2.1.3 - Name of the Ramsar Site	
Official name (in English, French or Spanish)	Ulendeltaet
	nd area of the Site since its designation or earlier update
	Changes to Site boundary Yes O No No No No No No No No
	te) B. Changes to Site area the area has decreased
(Update) The Site area has been o	
	delineated more accurately
(Update) The Site area has increased because	
(Update) The Site area has decreased because	
(opuate) For secretariat only: T	his update is an extension
2.1.5 - Changes to the ecological cha	racter of the Site
(Update) 6b i. Has the ecological character of tapplicable Criteria) change	he Ramsar Site (including Not evaluated ed since the previous RIS?
2.2 - Site location	
2.2.1 - Defining the Site boundaries	
b) Digital map/image <1 file(s) uploaded>	
Former maps	0
Boundaries description	
The boundaries are the same as for	the existing Ulendeltaet Nature Reserve.
2.2.2 - General location	
a) In which large administrative region does	Trøndelag
the site lie?	<u> </u>
b) What is the nearest town or population centre?	Steinkjer

2.2.3 - For wetlands on national boundaries only

a) Does the wetland extend onto the territory of one or more other countries?

b) Is the site adjacent to another designated Ramsar Site on the territory of another Contracting Party?

2.2.4 - Area of the Site

Official area, in hectares (ha): 269.9

Area, in hectares (ha) as calculated from 270.092 GIS boundaries

2.2.5 - Biogeography

Biogeographic regions

Regionalisation scheme(s)	Biogeographic region
Other scheme (provide name below)	Middle boreal vegetation zone, indifferent section (Mb-OC, between slightly continental and slightly oceanic section).
EU biogeographic regionalization	2. Alpine

Other biogeographic regionalisation scheme

1. Zonal division showing the variation in vegetation from south to north and from the lowlands to the mountains, and sectional graduation showing the variation between the coast and inland Moen 1998 National Atlas of Norway: Vegetation. Norwegian Mapping Authority, Hønefoss. 2. Biogeographical Regions, European Environment Agency, 2005

3 - Why is the Site important?

3.1 - Ramsar Criteria and their justification

Criterion 1: Representative, rare or unique natural or near-natural wetland types

The Ulendeltaet represents a rare example of a freshwater delta, found in the mid boreal vegetation zone. Other reasons It is one of the best-preserved deltas in mid-Norway, where the river running into the delta is unregulated. The delta includes stretches of a meandering river, islands, old river courses and pools.

☑ Criterion 2 : Rare species and threatened ecological communities

Optional text box to provide further The area hosts rare/threatened species such as the rustic bunting Emberiza rustica (IUCN: VU, NRL: CR) information and the Ural owl Strix uralensis (NRL: EN).

Criterion 3 : Biological diversity

Justification

The reserve is considered an important wildlife area, with the occurrence of several demanding water birds.

Criterion 4 : Support during critical life cycle stage or in adverse conditions

Optional text box to provide further information

Several ducks inhabit the river delta, such as the Eurasian wigeon (Mareca penelope), the Eurasian teal (Anas crecca), the common goldeneye (Bucephala clangula) and the red-breasted merganser (Mergus serrator). In the mires, especially in the large mire east of the delta, a range of different waders are breeding: the common greenshank (Tringa nebularia), the green sandpiper (Tringa ochropus), the wood sandpiper (Tringa glareola) and the common sandpiper (Actitis hypoleucos) are the most numerous. In the tarns, one can find the common crane (Grus grus) and the black-throated loon (Gavia arctica). The osprey (Pandion haliaetus, NRL: VU) is also breeding in this area.

☑ Criterion 8 : Fish spawning grounds, etc.

Lake Ulen and the delta have large numbers of the brown trout (Salmo trutta) and the Arctic char (Salvelinus alpinus), but also host species close to their western distribution range such as burbot (Lota lota) and common minnow (Phoxinus phoxinus). The delta is an important source of food for these species. It is also important as a spawning ground for brown trout.

3.2 - Plant species whose presence relates to the international importance of the site

Phylum	Scientific name	Criterion 2	Criterion 3	Criterion 4	IUCN Red C List	CITES Appendix I	Other status	Justification
Fungi								
ASCOMYCOTA/ ARTHONIOMYCETES	Bactrospora brodoi	✓	2				National Red List: Considered as EN	

3.3 - Animal species whose presence relates to the international importance of the site

		Species qualifies	Species contributes	Pon	Period of pop. Est.	%	IUCN	CITES	CMS		
Phylum	Scientific name	under	under	Size	Period of pop. Est.	occurrence	Red	Annendiy I	Annendiy I	Other Status	Justification
		criterion	criterion	Oize		1)	List	Appendix	Appendix		
		2 4 6 9	3 5 7 8								

Phylum	Scientific name	qua un crite	cies lifies der erion	Species contributes under criterion	Pop. Size	Period of pop. Est. occurrence	IUCN Red List	CITES Appendix I	CMS Appendix I	Other Status	Justification
Others							<u> </u>				
CHORDATA/ MAMMALIA	Castor fiber						LC			Ann. III Berne Convention, Emerald Network.	The area has a stable population of this species.
Fish, Mollusc a	and Crustacea										
CHORDATA/ ACTINOPTERYGII	Lota lota						LC				Criterion 8: Lake Ulen and the delta have large numbers of this species.
CHORDATA/ ACTINOPTERYGII	Phoxinus phoxinus						LC				Criterion 8: Lake Ulen and the delta have large numbers of this species.
CHORDATA/ ACTINOPTERYGII	Salmo trutta						LC				Criterion 8: Lake Ulen and the delta have large numbers of this species. It's also an important site as a spawning ground for Brown Trout.
CHORDATA/ ACTINOPTERYGII	Salvelinus alpinus						LC				Criterion 8: Lake Ulen and the delta have large numbers of this species.
Birds											
CHORDATA/ AVES	Actitis hypoleucos						LC				Criterion 4: Common breeding species in Ulendeltaet.
CHORDATA/ AVES	Anas crecca						LC				Criterion 4: Common breeding species in Ulendeltaet.
CHORDATA/ AVES	Anas penelope						LC				Criterion 4: Common breeding species in Ulendeltaet.
CHORDATA/ AVES	Anas platyrhynchos						LC				Criterion 4: Common breeding species in Ulendeltaet.
CHORDATA/ AVES	Bucephala clangula						LC				Criterion 4: Common breeding species in Ulendeltaet.
CHORDATA/ AVES	Chroicocephalus ridibundus	1					LC			National red list: Considered as CR	Criterion 4: Common breeding species in Ulendeltaet.
CHORDATA/ AVES	Cygnus cygnus	1					LC			Ann. II Berne Convention, Emerald Network	Criterion 4: Common breeding species in Ulendeltaet.
CHORDATA/ AVES	Emberiza rustica	1					VU			National red list: Considered as CR	Criterion 4: This species breeds within the site.
CHORDATA/ AVES	Emberiza schoeniclus						LC				Criterion 4: Common breeding species in Ulendeltaet.
CHORDATA/ AVES	Fringilla montifringilla						LC				Criterion 4: The edge of the forest and the rich Salix scrubs are important breeding areas for different passerines such as this species.
CHORDATA/ AVES	Gavia arctica						LC				Criterion 4: Common breeding species in tarns found in Ulendeltaet.
CHORDATA/ AVES	Larus canus	V					LC			National red list: Considered as VU	Criterion 4: Common breeding species in the Ulendeltaet.
CHORDATA/ AVES	Melanitta nigra						LC			National red list: Considered as VU	Criterion 4: Common breeding species in Ulendeltaet.
CHORDATA/ AVES	Mergus serrator						LC				Criterion 4: Common breeding species in tarns found in Ulendeltaet.
CHORDATA/ AVES	Motacilla flava						LC				Criterion 4: The edge of the forest and the rich Salix scrubs are important breeding areas for different passerines such as this species.

Phylum	Scientific name	Species qualifies under criterion 2 4 6 9	Species contributes under criterion	Pop. Size	Period of pop. Est.	IUCN Red List	CITES Appendix I	CMS Appendix I	Other Status	Justification
CHORDATA/ AVES	Numenius phaeopus					LC				Criterion 4: Common breeding species in Ulendeltaet.
CHORDATA/ AVES	Pandion haliaetus					LC			National red list: Considered as NT, Emerald Network	Criterion 4: This species has a breeding couple in the delta.
CHORDATA/ AVES	Phoenicurus phoenicurus					LC				Criterion 4: Common breeding species in the Ulendeltaet.
CHORDATA/ AVES	Phylloscopus trochilus					LC				Criterion 4: The edge of the forest and the rich Salix scrubs are important breeding areas for different passerines such as this species.
CHORDATA/ AVES	Prunella modularis					LC				Criterion 4: Common breeding species in the Ulendeltaet.
CHORDATA/ AVES	Strix uralensis		10000			LC			National red list: Considered as VU	Criterion 4: This species breeds within the site.
CHORDATA/ AVES	Tringa glareola					LC			Ann. Il Berne Convention, Emerald Network	Criterion 4: Common breeding species in the Ulendeltaet.
CHORDATA/ AVES	Tringa nebularia					LC				Criterion 4: Common breeding species in the Ulendeltaet.
CHORDATA/ AVES	Tringa ochropus					LC			Ann. II Berne Convention	Criterion 4: Common breeding species in Ulendeltaet.
CHORDATA/ AVES	Tringa totanus					LC				Criterion 4: Common breeding species in the Ulendeltaet.

10' f
It is referred to the National red list 2021.
it to foliotica to the National Tea list 2021.

3.4 - Ecological communities whose presence relates to the international importance of the site

Name of ecological community	Community qualifies under Criterion 2?	Description	Justification
Delta			Considered as VU on the national red list for nature types

¹⁾ Percentage of the total biogeographic population at the site

4 - What is the Site like? (Ecological character description)

4.1 - Ecological character

Ulendeltaet is distinguished by moist forest of spruce and birch, especially as edge vegetation along the riverbanks. There are also vast and well-developed Salix scrubs, which give the area a distinctive character. The river delta is partially overflown especially during snow melt in spring. The marshes within the site are varied, with both poor and rich marshes. The site is also important for breeding bird species. Ulendeltaet represents a rare nature type in Norway. Undisturbed freshwater deltas of this size are unique for the mid parts of Norway and rare also in the south of Norway.

The area has a stable population of beaver and moose.

The edge of the forest and the rich Salix scrubs are important areas for different passerines. The yellow wagtail is one of the characteristic species in the area together with the willow warbler and the brambling. Other common breeding species in Ulendeltaet are the the whimbrel, the common redshank, the wood sandpiper, the common greenshank, the common gull, the mallard, the Eurasian wigeon, the common goldeneye, the Eurasian teal, the dunnock, the common redstart and the reed bunting.

Lake Ulen and the delta have large numbers of the brown trout and the Arctic char, but also host species close to their western distribution range such as burbot and common minnow.

4.2 - What wetland type(s) are in the site?

Inland wetlands

Wetland types (code and name)	Local name	Ranking of extent (1: greatest - 4: least)	Area (ha) of wetland type	Justification of Criterion 1
Fresh water > Flowing water >> L: Permanent inland deltas		3		Rare
Fresh water > Marshes on peat soils >> U: Permanent Non- forested peatlands		1		Rare
Fresh water > Marshes on inorganic soils >> Xf: Freshwater, tree-dominated wetlands		2		Rare

4.3 - Biological components

4.3.1 - Plant species

Other noteworthy plant species

Phylum	Scientific name	Position in range / endemism / other
ASCOMYCOTA/LECANOROMYCETES	Alectoria sarmentosa	National Red List: Considered as NT
TRACHEOPHYTA/LILIOPSIDA	Dactylorhiza incarnata	National Red List: Considered as LC
BASIDIOMYCOTA/AGARICOMYCETES	Phlebia centrifuga	National Red List: Considered as NT

Optional text box to provide further information

Onnia leporina - National Red List: Considered as NT

4.3.2 - Animal species

Other noteworthy animal species

Phylum	Scientific name	Pop. size	Period of pop. est.	% occurrence	Position in range /endemism/other
CHORDATA/MAMMALIA	Alces alces				The area has a stable population

4.4 - Physical components

4.4.1 - Climate

Climatic region	Subregion
D: Moist Mid-Latitude climate with cold winters	Dfc: Subarctic (Severe winter, no dry season, cool summer)

Ulendeltaet lies in an area of relatively cool and humid summers (700 mm annual precipitation), and relatively cold winters. The area receives precipitation 190-200 days a year (Moen 1998).

1.10.0	·	
4.4.2 - Geomorphic set	ting	
a) Minimum elevation ab	nove sea level (in	
a) William Glovaton as	metres) 346	
a) Maximum alayatian ah	your and lavel (in	
a) Maximum elevation ab	metres) 360	
	,	
		tire river basin
	Upper par	rt of river basin 🗹
	Middle par	rt of river basin 🗖
	Lower par	rt of river basin 🗹
	•	
	More than o	one river basin \square
	No	et in river basin 🗖
		Coastal
Please name the river hasin	or basins. If the site lies in a	sub-basin, please also name the larger river basin. For a coastal/marine site, please name the sea or ocean.
Lower part of the Inde		sub-basin, please also name the larger tivel basin. For a coastalimatine site, please name the sea of ocean.
•		ch has its outlet in the Baltic Sea.
оррог рангот пластоан		
4.4.0 0-!!		
4.4.3 - Soil		
		Organic 🗹
	(Update) Changes	at RIS update No change
		ole information
Are soil types subject to	change as a result of changin ons (e.g., increased salinity or	g hydrological Yes O No Yes O No Yes O N
condition	ons (e.g., increased salinity or	acidincation)?
Please provide further inform		
Innerdalsåa is a wide	valley consisting mostly	of continuous morainal ground and vast areas of marshes.
The bedreak consists	of average and achiet from	the Colodonian are conv
THE DECITOR CONSISTS	or augen and scriist iror	n the Caledonian orogeny.
4.4.4 - Water regime		
Water permanence		
Water permanence Presence?	Changes at RIS update	
Water permanence	Changes at RIS update	
Water permanence Presence? Usually permanent water	Changes at RIS update	
Water permanence Presence? Usually permanent water present Source of water that maintains	s character of the site	Changes at DIS undata
Water permanence Presence? Usually permanent water present Source of water that maintains Presence?		Changes at RIS update
Water permanence Presence? Usually permanent water present Source of water that maintains	s character of the site	Changes at RIS update No change
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Water permanence Presence? Usually permanent water present Source of water that maintain: Presence? Water inputs from surface water Water destination	s character of the site Predominant water source	
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Water permanence Presence? Usually permanent water present Source of water that maintains Presence? Water inputs from surface water Water destination Presence? To downstream catchment Stability of water regime Presence? Water levels fluctuating (including tidal) Please add any comments of the delta area overflow the lake Ulen build up	changes at RIS update No change wo the water regime and its de ws regularly, especially	No change Seterminants (if relevant). Use this box to explain sites with complex hydrology: during snow melt in the spring. The nature reserve also includes shallow fresh water areas from iver.
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Water permanence Presence? Usually permanent water present Source of water that maintains Presence? Water inputs from surface water Water destination Presence? To downstream catchment Stability of water regime Presence? Water levels fluctuating (including tidal) Please add any comments of the lake Ulen build up Material transport is as: 4.4.5 - Sediment regime	Changes at RIS update No change Changes at RIS update No change Changes at RIS update No change The water regime and its decrease at the regime at t	eterminants (if relevant). Use this box to explain sites with complex hydrology: during snow melt in the spring. The nature reserve also includes shallow fresh water areas from iver. flooding season. urs on the site at RIS update No change Increase Decrease Unknown O

Please provide further information on sediment (optional):

Sediment regime unknown $\,\Box$

Sediments carried by the river through different river courses created dikes. Except for the flooding periods, the transport of sediments is considered to be low.

The sediment transport of Inderdalsåa (river) creates the delta. The area functions as a sediment trap and is important for nutrient fixing.

4.4.6 - Water pH

Unknown 🗹

4.4.7 - Water salinity

resh	(<0.	5 a/) 🗷

(Update) Changes at RIS update No change

● Increase O Decrease O Unknown O

Unknown

4.4.8 - Dissolved or suspended nutrients in water

Unknown 🗹

Please provide further information on dissolved or suspended nutrients (optional):

Ombrotrophic

4.4.9 - Features of the surrounding area which may affect the Site

Please describe whether, and if so how, the landscape and ecological characteristics in the area surrounding the Ramsar Site differ from the i) broadly similar O ii) significantly different O

Surrounding area has greater urbanisation or development \square

Surrounding area has higher human population density \square

Surrounding area has more intensive agricultural use \Box

Surrounding area has significantly different land cover or habitat types

4.5 - Ecosystem services

4.5.1 - Ecosystem services/benefits

Regulating Services

Ecosystem service	Examples	Importance/Extent/Significance	
Erosion protection	Soil, sediment and nutrient retention	Medium	
Hazard reduction	Flood control, flood storage	Medium	

Cultural Services

Ecosystem service	Examples	Importance/Extent/Significance
Recreation and tourism	Nature observation and nature-based tourism	Medium
Recreation and tourism	Recreational hunting and fishing Medium	
Recreation and tourism	Water sports and activities	Medium
Scientific and educational	Major scientific study site	Medium
Scientific and educational	Educational activities and opportunities	Medium

Supporting Services

Ecosystem service	Examples	Importance/Extent/Significance	
Nutrient cycling	Carbon storage/seguestration	Medium	

Other ecosystem service(s) not included above:

The area functions as a sediment trap and is important for nutrient fixing. Together with other areas of mires in the watershed, the mires in the delta help to reduce flooding.

The Lierne municipality has a long and traditional hunting history, also within the Ramsar site. After the establishment of the nature reserve, traditional hunting is forbidden, except for large herbivores such as moose. Locally used for outdoor recreation, sports fishing and moose hunting.

The area is to some extent used by tourists and residents, mainly for fishing and moose hunting, but also canoe trips. The area is occasionally visited by birdwatchers, mostly members of Nord- and Sør-Trøndelag branch of the Norwegian Ornithological Society (NOF).

The Osprey breeding couple is included in the Trøndelag Osprey program run by the Nord-Trøndelag University College.

Ulendeltaet has a substantial value as research and educational area for outdoor school activities.

Have studies or assessments been made of the economic valuation of ecosystem services provided by this Ramsar Site?

4.5.2 - Social and cultural values

i) the site provides a model of wetland wise use, demonstrating the	
application of traditional knowledge and methods of management and ${f C}$	
use that maintain the ecological character of the wetland	
ii) the site has exceptional cultural traditions or records of former	_
civilizations that have influenced the ecological character of the wetland	_
iii) the ecological character of the wetland depends on its interaction	
with local communities or indigenous peoples	
iv) relevant non-material values such as sacred sites are present and	
their existence is strongly linked with the maintenance of the ecological ${f L}$	
character of the wetland	

<no data available>

4.6 - Ecological processes

<no data available>

5 - How is the Site managed? (Conservation and management)

5.1 - Land tenure and responsibilities (Managers)

5.1.1 - Land tenure/ownership

Pri	vai	te	OV	/ne	rs	hi	D

Category	Within the Ramsar Site	In the surrounding area
Other types of private/individual owner(s)	✓	✓

Provide further information on the land tenure / ownership regime (optional):

Within the Ramsar site: Private	
In the surrounding area: Private	

5.1.2 - Management authority

Please list the local office / offices of any agency or organization responsible for managing the site:

Postal address:

Statsforvalteren i Trøndelag
Pb. 2600
N-7734 STEINKJER

E-mail address: sftlpost@statsforvalteren.no

5.2 - Ecological character threats and responses (Management)

5.2.1 - Factors (actual or likely) adversely affecting the Site's ecological character

Human settlements (non agricultural)

Factors adversely affecting site	Actual threat	Potential threat	Within the site	Changes	In the surrounding area	Changes
Housing and urban areas	Medium impact	Medium impact		No change	✓	No change

Water regulation

Tatol Togalation							
Factors adversely affecting site	Actual threat	Potential threat	Within the site	Changes	In the surrounding area	Changes	
Drainage					✓		

Transportation and service corridors

Factors adversely affecting site	Actual threat	Potential threat	Within the site	Changes	In the surrounding area	Changes
Roads and railroads	Medium impact	Medium impact		No change	✓	No change

Biological resource use

Factors adversely affecting site	Actual threat	Potential threat	Within the site	Changes	In the surrounding area	Changes
Unspecified	Medium impact	Medium impact		No change	V	No change

Human intrusions and disturbance

Factors adversely affecting site	Actual threat	Potential threat	Within the site	Changes	In the surrounding area	Changes
Recreational and tourism activities	Medium impact	Medium impact	/	No change		No change

Please describe any other threats (optional):

Within the Ramsar site:

Boat sightseeing for tourists during the summer.

In the surrounding area:

In the surrounding area there are some old buildings which are not in regular use.

One small local road crosses the river about 2 km west of the river delta and goes further south in a distance of approximately 1 km from the delta. East of the site marsh areas has been ditched for the purpose of planted spruce.

5.2.2 - Legal conservation status

National legal designations

Designation type	Name of area	Online information url	Overlap with Ramsar Site
Nature Reserve	Ulendeltaet		whole

5.2.3 - IUCN protected areas categories (2008)

1	la Strict Nature Reserve
	Ib Wilderness Area: protected area managed mainly for wilderness protection
	Il National Park: protected area managed mainly for ecosystem protection and recreation
	Il Natural Monument: protected area managed mainly for conservation of specific natural features
	V Habitat/Species Management Area: protected area managed mainly for conservation through management intervention
	V Protected Landscape/Seascape: protected area managed mainly for landscape/seascape conservation and recreation
	/I Managed Resource Protected Area: protected area managed mainly for the sustainable use of natural ecosystems

5.2.4 - Key conservation measures

Legal protection

	Logar protoctor.			
Measures		Status		
	Legal protection	Implemented		

Other

The area is by Royal Resolution given the status as nature reserve (Norw. Naturreservat), which is the strongest form of nature conservation in Norway. All kinds of human activity in the nature reserve is regulated by an official set of detailed regulations specific for this nature reserve. The aim of the nature reserve is to conserve a distinctive and little influenced delta in the mid Norwegian mountain region in its natural condition, so that the area can preserve its value as breeding area for several species of birds and its distinctive nature type for research and recreation. The whole waterway, including the delta Ulen, is a permanent protected waterway.

The site is identified as one of the protected areas where it is necessary to get a management plan.

5.2.5 - Management planning

Is there a site-specific management plan for the site? No

Has a management effectiveness assessment been undertaken for the site? Yes O No @

If the site is a formal transboundary site as indicated in section Data and location > Site location, are there shared management planning Yes O No oprocesses with another Contracting Party?

Please indicate if a Ramsar centre, other educational or visitor facility, or an educational or visitor programme is associated with the site:

A National Park Center is located in the vicinity, and has the potential to be used for CEPA activities related to the Ramsar site.

5.2.6 - Planning for restoration

Is there a site-specific restoration plan? No need identified

5.2.7 - Monitoring implemented or proposed

Monitoring	Status
Animal species (please specify)	Implemented

The Osprey breeding couple is included in the Nord-Trøndelag Osprey program run by the Nord-Trøndelag University College.

6 - Additional material

6.1 - Additional reports and documents

6.1.1 - Bibliographical references

Artsdatabanken (2021, 24. november). Norsk rødliste for arter 2021. https://www.artsdatabanken.no/lister/rodlisteforarter/2021

Artsdatabanken (2018). Norsk rødliste for naturtyper 2018. Hentet (dato) fra https://www.artsdatabanken.no/rodlistefornaturtyper (Norwegian Red List for Ecosystems and Habitat Types. Artsdatabanken, Norway)

Moen, A. 1998. Nasjonalatlas for Norge; vegetasjon. Statens Kartverk, Hønefoss

Gaarder, G., Fjeldstad, H., Hofton, T.H., Klepsland, J.T. & Reiso, S. 2007. Biologisk mangfold i Lierne kommune. Miljøfaglig utredning, rapport 2007:11. ISBN 978-82- Figur 1 8138-211-4

Alvereng, P., Arnesen, G., Fjeldstad, H., Gaarder, G., Hanssen, U., Sundsal, K. & Tellnes, S. 2017. Basiskartlegging i Nord-Trøndelag 2016. Kartlegging av naturtyper i utvalgte verneområder etter NiN-2.1-metodikk. Miljøfaglig Utredning rapport 2017-11, ISBN 978-82-8138-875-8.

Elvedeltadatabasen - http://elvedelta.miljodirektoratet.no/

6.1.2 - Additional reports and documents

i. taxonomic lists of plant and animal species occurring in the site (see section 4.3)

ii. a detailed Ecological Character Description (ECD) (in a national format)

<no file available:

iii. a description of the site in a national or regional wetland inventory

iv. relevant Article 3.2 reports

v. site management plan

vi. other published literature

<2 file(s) uploaded

6.1.3 - Photograph(s) of the Site

Please provide at least one photograph of the site:



Aerial view of Ulendeltaet (Norwegian Environment Agency, 18-10-2017)







Canoeing in lake Ulen (



Canoeing in lake Ulen (

6.1.4 - Designation letter and related data

Designation letter

Date of Designation 2010-11-12